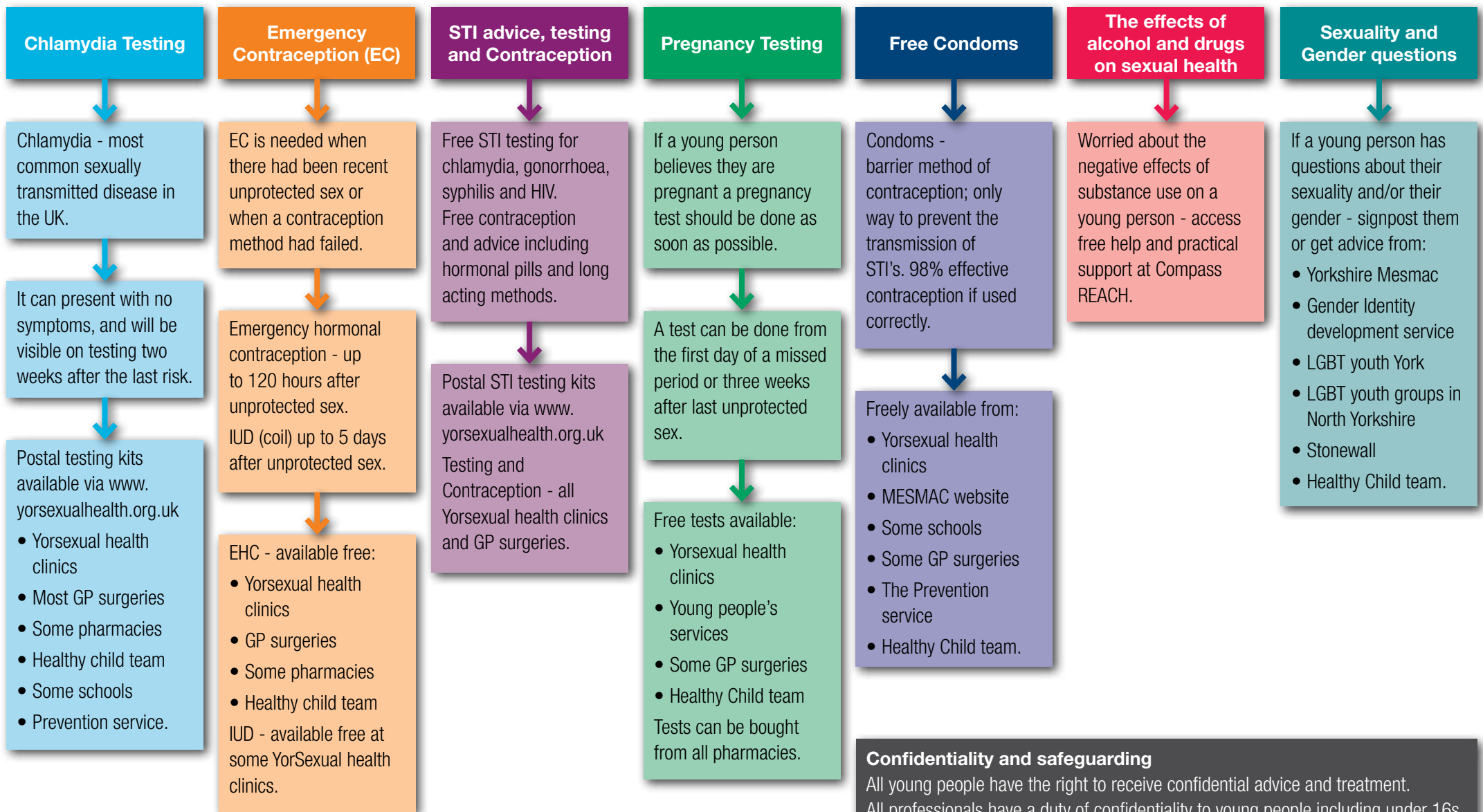


# Sexual health support for young people



**Confidentiality and safeguarding**  
 All young people have the right to receive confidential advice and treatment. All professionals have a duty of confidentiality to young people including under 16s. In exceptional circumstances confidentiality may be broken - where the health, safety or welfare of the young person is at risk.

# Services available in North Yorkshire and what they do

- **Abortion services** – Provide free abortion treatment, advice and support; access via self-referral or through GP.  
BPAS:  
Tel: 03457 30 40 30  
www.bpas.org  
Marie Stopes  
Tel: 0345 300 8090  
www.mariestopes.org.uk
- **Compass REACH** – Support all children and young people aged 9 to 19 (and up to 25 for those with special educational needs or disabilities) who are negatively affected by substance misuse, poor sexual health and issues relating to emotional wellbeing and mental health. Compass REACH can also provide access to chlamydia testing, pregnancy testing, emergency contraception and condoms for their clients. To access free help, advice and practical support at Compass REACH:  
Tel: 01609 777662  
Freephone: 0800 008 7452  
Email: nyrbs@compass-uk.org
- **Gender Identity development service** – is the national highly specialised clinic for children and young people presenting with issues around gender identity. Any professional can refer to the service (they do not accept family or self-referrals). Further information can be accessed at their website: gids.nhs.uk
- **Healthy Child team** – (formerly known as School Nurses) team including nurses who are available for every child and young person in North Yorkshire. They can provide targeted support to children and young people who may be having any of the issues discussed in this pathway or require sexual health support. You can contact the customer contact centre on Tel: 01609 780780 for more information or to make a referral.
- **LGBT Support Groups in North Yorkshire** – a list of the LGBT groups can be accessed at [cyps.northyorks.gov.uk/equalities-and-diversity](http://cyps.northyorks.gov.uk/equalities-and-diversity) in the LGBT guidance for professionals who work with children and young people.
- **NYCC Prevention Service** – is available to provide support for children, young people and their families when issues of sexual health or sexuality are negatively impacting their lives and wellbeing. This could be via direct work or through signposting or referral to other appropriate services. You can contact the Customer Service Centre on Tel: 01609 780780 for more information or to make a referral.
- **Yorsexual Health** – Provide sexual health services across North Yorkshire. Information about local services can be found on their website: [www.yorsexualhealth.org.uk](http://www.yorsexualhealth.org.uk) or by calling the central information and booking line Tel: 01904 721 111  
Email: [yorsexualhealth@york.nhs.uk](mailto:yorsexualhealth@york.nhs.uk)
- **Yorsexual Health's Specialist Clinical Outreach Team** – offer clinical care and support to young and vulnerable people, including STI management, contraception and hepatitis B vaccination.  
Tel: 01904 725440
- **Yorkshire Mesmac** – is the provider of Yorsexual health's community outreach service working with LGBT groups and individuals including LGBT young people and adults and BME young people. They support some of the youth groups that run in North Yorkshire as well as providing a range of other support. For more information and advice visit the website: [www.mesmac.co.uk](http://www.mesmac.co.uk)  
Tel: 01904 620400